



PARENT PARTNERS

OF COLLIN COUNTY

Our Why

The Parent Partner Committee of the Coalition for Behavioral Healthcare in Collin County (CBHCC) was formed to work alongside the education committee to develop, implement, and evaluate an effective and flexible model of support for parents in Collin County so they can make educated decisions for their families about issues of mental health, mental illness, substance use, and other related conditions-to provide accurate information and supports to families and reduce the stigma of seeking treatment for Collin County youth.

[Link to sign up for Parent Partners](#)

What is the structure of the Parent Partners Committee?

- The Parent Partner Committee is represented on the CBHCC Board of Directors by the committee chair, Caryn Sawlis, Ph.D. Regular meetings will be held both in person and over Zoom.
- We anticipate each ISD will have an organized group of parents who will meet regularly and elect a representative to the CBHCC Parent Partners Committee.
- Meetings will offer opportunities for parents to connect with each other, connect with local resources that support mental health, participate in training and seminars, and engage in local focus groups to provide a voice to the specific mental health needs of their area.



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Our Goal

A goal of the Coalition for Behavioral Healthcare in Collin County (CBHCC) is to increase community understanding of behavioral health issues, challenges, and impacts through education and training, thereby promoting a more informed and engaged population in Collin County. In support of this goal, reference is made to Behavioral Health in Collin County: 2022 Profile and Status Report on Capacity, Emerging Trends and Needed Services, pages 9 - 22. This report shows the dramatically increasing prevalence of mental health, mental illness, and substance use impacts across Collin County.

[Link to Report](#)

Empower

Will the Parent Partners Committee offer information sessions for the community as professional development?

The goal is to offer information sessions, connect parents to each other, and educational and treatment resources from school districts, mental health agencies, providers, and other reliable sources.

[CBHCC Website](#)