

## **School Health Advisory Committee**

### **Meeting Minutes**

Thursday, September 7, 2023

6:30 PM

**ATTENDEES:** Julie Blankenship, Karin Klemm, Christy Giddens, Wendi Brannon, Empress Drane, Whitney Kenney, Megan Rasberry, Jennifer Valliere, Patricia Aranibar, Lori Holland, Rebeka Ecker, Harvey Oaxoca, Valerie Lengel, James Shoemake

#### **CALL TO ORDER**

Julie Blankenship called the meeting to order at 6:35 PM.

#### **APPROVAL OF MINUTES**

The minutes from the May 2023 meeting were discussed. Rebeka Ecker and James Shoemake need to be added to the minutes as attendees at the meeting. Patricia Aranibar made a motion to approve the minutes with the correction above. A second to the motion was made by Valerie Lengel, and a unanimous vote in favor of the minutes was received.

#### **ACTION ITEMS**

- HB 3908 was discussed.
- A tour of the McKinney ISD Substance Use Prevention Site was given by Jennifer Akins on video.
- Fentanyl Awareness Education was explained by Julie Blankenship.
- 180 Degree was explained by Karin Klemm.
  - Kathy O'Keefe gives a presentation to the in-person high school students. This presentation is not offered to the online health students at this time.
  - Karin will call Kathy to see if she can provide a pre-recorded version to add to the online health course.
- SHAC Roster - Everyone on the SHAC Roster was approved by the School Board.

#### **OPEN DISCUSSION**

- Growth & Development will be discussed at the October meeting.
- This year all MISD students will receive free breakfast. If they do not want breakfast, they can come to the cafeteria and "Pick 2" prepackaged items to eat for snack.
- Students coded as Free & Reduced will receive free breakfast and free lunch.

#### **ADJOURNMENT**

Rebeka Ecker made a motion to adjourn the meeting. A second to the motion was made by James Shoemake and the meeting was adjourned at 7:21 PM.