# McKinney Independent School District School Health Services

### STANDING ORDERS IN SCHOOL CLINICS

The following medications and treatments will be stored in the school clinics. All items will be administered according to package instructions unless contraindicated.

These orders may also be followed during Club 360 ONLY WHEN a McKinney ISD RN is present.

Epinephrine auto injector (after RN assessment OR if RN not available utilize appropriately trained staff-see attachment)

Aloe for sunburns Antifungal Cream Caladryl Clear Calamine Lotion Ear Ease - warmth to ear for comfort Eucerin Lotion/Lubriderm Lotion Glucose gel/tabs/cake icing Hydrocortisone Cream Mentholated Rub Refresh Eye Drops Saline Solution Salt water gargle Steri-strips Vaseline Automated Electronic Defibrillator (AED) Pulse Oximeter (as additional assessment tool)

Jennifer Valliere M.D. Pediatric Healthcare Associates 3701 Eldorado Parkway Suite A McKinney, Texas 75070 Phone: 972-548-7888 Fax 469-562-1170

Physician's Signature

These orders are good for one year from date signed.

Date 6/27/2022

## McKinney Independent School District School Health Services

# STANDING ORDERS FOR ANAPHYLAXIS IN SCHOOL CLINICS

ANAPHYLACTIC REACTIONS—after Registered Nurse assessment OR if RN not available utilize appropriately trained staff) Always follow Life Threatening Allergy (LTA) form from parents (if available) and call EMS/911 and stay with child

# Any SEVERE SYMPTOMS after suspected or known allergen:

Luna:

Shortness of breath, repetitive

coughing, wheezing

Heart:

Thready pulse, low blood pressure,

fainting, pale, blueness

Throat:

Tightening of throat, hoarseness,

hacking cough

Mouth:

Itching, tingling or swelling of lips,

tongue, mouth

Skin:

Many hives all over the body

Or Combination symptoms from different body areas:

Skin:

Hives, itchy rashes, swelling

Gut: Vomiting, crampy pain

### MILD SYMPYOMS only

Mouth: Itchy Mouth

Skin: A few hives around body, mouth/face,

mild itch

Gut: Mild nausea/discomfort



1. INJECT EPINEPHRINE IMMEDIATELY

2. Call 911

3. Begin Monitoring (see below)

\*\*Inhalers/bronchodilators and antihistamines are not to be depended upon to treat a severe reaction (anaphylaxis)

USE EPINEPHRINE auto injector



1. Stay with child, alert administrator and parent

If symptoms progress (see above)USE EPINEPHRINE auto injector

3. Begin Monitoring (see below)

### Guidelines for School Nurses:

Always check the student's health history for medical problems and allergies before administering any treatment.

Immediate injection of

• Epinephrine intramuscularly for any symptoms beyond mild (see boxes above)

Less than 66 pounds/30Kg

give Epinephrine auto injector 0.15 mg

Over 66 pounds/30Kg

give Epinephrine auto injector 0.30 mg

Call EMS/911

Place patient in supine position, elevate legs and keep warm

Monitor student closely, including but not limited to vital signs (HR, RR, and BP) every 5 minutes.

 If EMS has not arrived and symptoms remain present, repeat dose of Epinephrine auto injector every 5-15 minutes for up to 3 doses depending on patient's response.

Monitor lung sounds. If student has prescribed bronchodilator (inhaler or nebulizer), administer as
directed/indicated. \*\*If student does not have bronchodilator and respiratory sounds indicate need, follow
asthma/respiratory standing orders.

Notify parents and administrator.

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