

McKinney ISD School Health Advisory Council  
Meeting Minutes May 6, 2021

Attendance: Jennifer Akins, Jean Begala, Karen Holden, Beth Lessner, Philip Hassler, James Shoemake, Kamren Bell, Christina Easton, Karin Sanchez, Karin Klemm

Karin Klemm opened the meeting at 6:39pm

Minutes from the January 2021 and October 8, 2020 meeting were reviewed. Phillip Hassler made a motion to accept and Erin Holden seconded the motion.

Karin introduced Kamren Bell and Christina Easton from Hope Cottage to introduce the SHAC Committee on the Love Notes Program. Hope Cottage is a non-profit Dallas based organization that has been serving North Texas since 1918. Karin stated that MISD has used Turning Point in the past for teaching healthy relationships, Turning Point has switched partners and are not prepared to work in schools again.

Christina Easton, Dir of Education and Kamren Bell, Education Assist. for Hope Cottage presented The Love Notes Program. Hope Cottage has been in existence for more than 100 years known as an adoption agency and free community education agency. They also offer Parenting education for teens.

Love Notes aligns with TEKS guidelines. All educators are certified to teach these classes and classes are trauma sensitive. Classes contain content warnings to prepare for any possible student reactions.

Kamren presented Goals and Objectives of the program.

(see handout)

Understanding who you are and relationship expectations

What is an unhealthy relationship?

Relationship safety

Consent

Communication skills

Self-regulation

Emotional regulation

Setting boundaries

Consequences

Philip Hassler asked where this class would be held. Karin stated it would be in HS Health Class. Jennifer Akins stated can also be used for small groups in counseling.

Karin asked if the classes are interactive. Kamren stated activities are done on a platform that allows anonymity for questions.

Elizabeth Lessner asked which TEKS this addresses. Jennifer Akins stated Healthy relationships said it's modular so it allows for modification due to limited time in a health class. Family consumer sciences is another option for class choice.

Karin stated it's not possible to offer this in on-line classes due to the way on line class is technically structured.

Jennifer stated they have looked at this program and see good alignment with current curriculum as well as doing a parent-child group on a weekend or evening maybe a good approach.

Karin stated this program might fit best with a counselor's ability to pull at risk and more targeted groups. Christina stated they do after school classes and even come to sports practices.

Erin Holden stated this would be good for all students vs targeting just at risk because this topic is also relevant to all students. As well as for parents to learn the early warning signs.

Christina stated there is a social media section in each class to help teach the pitfalls of social media. Helping students find and identify a trusted adult.

Christina and Kamren left the meeting and Karin asked if anyone had other questions or concerns.

Karin opened the floor to wanting to make a vote. Philip voiced his opinion that the program feels like it is a good fit for MISD. Karin stated that they usually pilot it first then expand it. Jennifer stated they called other districts that use it and got very good feedback.

Voted all in favor. Karin will start the implementation process.

Elizabeth Lessner stated she would like to bring safe technology to the table for future discussion. Karin and Jennifer stated this will be a good collaborative topic with other departments.

Karin announced next meeting is September 9, 2021 at Central Office 6:30pm

Meeting adjourned at 7:20pm