

**McKinney Independent School District
School Health Services**

STANDING ORDERS IN SCHOOL CLINICS

The following medications and treatments will be stored in the school clinics. All items will be administered according to package instructions unless contraindicated. These orders may also be followed during Club 360 ONLY WHEN a McKinney ISD RN is present.

Epinephrine auto injector (after RN assessment OR if RN not available utilize appropriately trained staff-see attachment)

Aloe for sunburns
Antifungal Cream
Caladryl Clear
Calamine Lotion
Ear Ease - warmth to ear for comfort
Eucerin Lotion/Lubriderm Lotion
Glucose gel/tabs/cake icing
Hydrocortisone Cream
Mentholated Rub
Refresh Eye Drops
Saline Solution
Salt water gargle
Steri-strips
Vaseline
Automated Electronic Defibrillator (AED)
Pulse Oximeter (as additional assessment tool)

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Physician's Signature  Date 5/17/21
These orders are good for one year from date signed.

STANDING ORDERS FOR ANAPHYLAXIS IN SCHOOL CLINICS

**McKinney Independent School District
School Health Services**

ANAPHYLACTIC REACTIONS—after Registered Nurse assessment OR if RN not available utilize appropriately trained staff) Always follow Life Threatening Allergy (LTA) form from parents (if available) and call EMS/911 and stay with child

Any SEVERE SYMPTOMS after suspected or known allergen:

Lung: Shortness of breath, repetitive coughing, wheezing
 Heart: Thready pulse, low blood pressure, fainting, pale, blueness
 Throat: Tightening of throat, hoarseness, hacking cough
 Mouth: Itching, tingling or swelling of lips, tongue, mouth
 Skin: Many hives all over the body

Or **Combination** symptoms from different body areas:
 Skin: Hives, itchy rashes, swelling
 Gut: Vomiting, crampy pain



1. INJECT EPINEPHRINE IMMEDIATELY
 2. Call 911
 3. Begin Monitoring (see below)

****Inhalers/bronchodilators and antihistamines are not to be depended upon to treat a severe reaction (anaphylaxis)**

USE EPINEPHRINE auto injector

MILD SYMPTOMS only
 Mouth: Itchy Mouth
 Skin: A few hives around body, mouth/face, mild itch
 Gut: Mild nausea/discomfort



1. Stay with child, alert administrator and parent
 2. If symptoms progress (see above)
USE EPINEPHRINE auto injector

3. Begin Monitoring (see below)

Guidelines for School Nurses:

Always check the student's health history for medical problems and allergies before administering any treatment.

Immediate injection of

- Epinephrine intramuscularly for any symptoms beyond mild (see boxes above)
 - Less than 66 pounds/30Kg give Epinephrine auto injector 0.15 mg
 - Over 66 pounds/30Kg give Epinephrine auto injector 0.30 mg
- Call EMS/911
- Place patient in supine position, elevate legs and keep warm
- Monitor student closely, including but not limited to vital signs (HR, RR, and BP) every 5 minutes.
- If EMS has not arrived and symptoms remain present, repeat dose of Epinephrine auto injector every 5-15 minutes for up to 3 doses depending on patient's response.
- Monitor lung sounds. If student has prescribed bronchodilator (inhaler or nebulizer), administer as directed/indicated. ****If student does not have bronchodilator and respiratory sounds indicate need, follow asthma/respiratory standing orders.**
- Notify parents and administrator.

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