

Dear Parent or Guardian,

McKinney ISD Health Services wants to make sure you are aware of the changes to Health Services in regards to an asthma or reactive airway treatment during COVID -19 restrictions.

School Guidelines for Asthma include:

- Administer medication at school using individual (MDI) inhaler and spacer/valve holding chamber.
- AVOID use of nebulizers, they must be given in appropriately isolated rooms as they spread droplets, and not advised for use. Aerosol nebulization is considered to be a high risk for transmission and requires gown, gloves, N95 respirator, and eye protection and a negative airflow room is preferred (schools do not have these rooms). Viral droplets persist in the air for 1 – 2 hours, there isn't a space in the school to leave empty and isolated for this period of time.
- Nebulizers are often not required for children over the age of 6 (MDI inhalers are equally effective in delivering medication).

Therefore, MISD Health Services and any McKinney ISD employee, parent or guardian will not be administering nebulizer-breathing treatments to any student in any school clinic or on school campus.

We have modified our Asthma Action Plan for this time as well. The location of this form:

<https://www.mckinneyisd.net/health-services-wellness/health-information-and-forms/>

More information concerning asthma and COVID-19 is available at the following links:

<https://www.cdc.gov/asthma/faqs.htm>

<https://allergyasthmanetwork.org/health-a-z/covid-19/>

Stay Healthy,

MISD Health Services