

McKinney ISD School Health Advisory Council
Meeting Minutes January 9, 2020

Attendance: Jean Begala, Heather Burress, Christy Giddens, Stephen Issa, Valerie Lengel, Jennifer Peltz, James Shoemake, Beth Lessner, Laura Bates, Renell Ford, Jason Vickory, Karin Klemm, Lynn Sperry, Rebeka Ecker

Karin Klemm opened the meeting at 12pm Meeting opened with allowing the members to get lunch provided by Aramark.

Minutes from the October 10, 2019 meeting were reviewed and Jennifer Peltz made a motion to accept and Jason Vickory seconded the motion.

Karin announced via an e-mail vote conducted in December 2019, the CVS program, "One Choice Changes Everything" program was accepted for the 6-12th grade levels.

Karin introduced James Shoemake, Director for Aramark to present the annual Aramark report. PowerPoint presentation

Pizza Hut was removed from all HS and Corner Crust is providing the personal pizzas. PH was having trouble sourcing the dough to meet USDA standards. The new pizza has a lower cost as well.

Mexican food ranks as #1 food choice with students.

New items will be Creamy Italian Rice "Sushiq" is a cooked sushi item, making sushi rolls (cooked) on a HS level. Open face breakfast toast like Avocado toast.

James introduced MISD new dietitian, Randel Ford.

Aramark Corp. chose McKinney ISD to shoot an informational video, presented to SHAC which talks about what Aramark does in a school district.

Jason Vickory was introduced to discuss the new website called nutrislice, similar to School Dish. It has an allergen filter, which lets you sort and look for a specific allergen. Nutrislice has a mobile app as well which will be useful to parents, students and staff.

A new carb count section that allows for easier access with app and allows for better diabetic care specifically. Parents can easily access the app as well, and helpful for planning meals with their children. Menu substitutions are 'live' so changes can be taken into account.

The HS now have interactive digital menu boards.

Healthy for Life was replaced by Feedyourpotential365.com as a new tool in tandem with AHA. This is a new platform for health and wellness. Can get weekly emails with recipes and information on health and wellness. Discover, choose and share easy recipes.

Schools will encourage parents to sign up.

No new policy regulations at this time from the USDA.

Ms. Sperry asked if any changes were made, and James discussed that the sodium level was changed to stop at the first level of change made by the USDA when they made the last revisions. Many manufacturers just could not make the products to meet the standards originally set by the USDA.

Karin announced next meeting is May 14, 202 at Central Office 6:30pm

Meeting adjourned at 12:57pm