

10 things you can do to prepare for returning back to school

1 Practice Hand Hygiene often throughout the day. Teach your child to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back, & in-between their fingers.

2 Practice Putting Mask On/Off. Your child will be required to wear a mask on the bus and in school if age 10 and older. Masks are recommended for age 9 and under. Teach them to not touch the inside of their mask when taking it off.

3 Practice 6ft of Distance. Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.

4 Purchase a Thermometer Check your child's temperature every morning. They will be required to remain out of school with fever (100.0 or greater) and and/or COVID-19 symptom exclusion policies. Please don't give fever reducing medications before sending your child to school.

5 Make/Purchase Extra Masks. When possible, masks should only be used one time. Consider making or buying multiple masks to give you proper time to wash them between use.

6 Update Immunizations required to enroll for the school year. Contact your child's pediatrician for an appointment. Immunizations can also be obtained at the Health Dept.

7 Change Aerosolized Medication. Nebulizers & inhalers without a chamber cannot be administered in school. Speak with your child's pediatrician to obtain the proper equipment & to update the Asthma Action Plan.

8 Purchase Reusable Water Bottle to be brought to school. Water fountains will not be in service.

9 Verify/Update Emergency Contacts. If your child presents with COVID-like symptoms, they will be placed in an isolation room, with a mask and will need to be picked up immediately. Please ensure a contact can be reached at any given time.

10 Stay Informed. Educate yourself from reliable sources such as the CDC, Texas Department of State Health Services and the McKinney ISD website.

