

## Community & Counseling Resources

The links below are provided as a resource for the families in our community. There is no intent on the part of the McKinney Independent School District or its employees to endorse specific agencies. This list is not inclusive of all available information or services. The parent is free to obtain suggestions from any source.

**Texas Dept. of Health & Human Services Referral Line:** This line is available to provide referral and information on topics such as mental and physical health, employment assistance and resources for meeting basic needs. Line is available 24/7.

<http://www.211texas.org/> or **Call:** 2-1-1 or 877-541-7905

**Disaster Distress Helpline:** This line is accessible 24/7 to provide crisis counseling and support to people experiencing distress related to natural or human-caused disasters.

<https://www.samhsa.gov/find-help/disaster-distress-helpline> or **Call:** 800-985-5990

**McKinney Youth Resource Guide:** Provides information on local counseling and community resources.

<https://volunteermckinney.org/youth/>

**One Heart McKinney:** Provides information about local resources, including food, jobs, and housing. Click on the menu in the top right corner of the page for information in English or Spanish:

<https://www.oneheartmckinney.com/>

### Non-Profit Family Counseling Resources:

**Harold Murphy Counseling Center (MISD Partnership):** McKinney ISD and the Department of Counseling at Texas A&M University-Commerce have partnered together to open the Harold Murphy Counseling Center (HMCC). The HMCC provides valuable counseling to MISD students Pre-K-12th grade and their family members as well as our MISD staff. Please see your school counselor or administrator for details.

**Telebehavioral Health (MISD Partnership):** McKinney ISD and Children's Health Virtual Care have partnered together provide telephonic referral supports and virtual counseling services. Please see your school counselor or administrator for details.

**Lifepath Systems:** Lifepath is a community based, non-profit organization that serves as the local behavioral health authority in Collin County. Lifepath provides comprehensive mental and behavioral health care services to families. Clinics are located in McKinney and Plano. The Mobile Crisis Line is available 24/7.

<http://www.lifepathsystems.org/> or **Call:** 877-422-5939

**Journey of Hope Grief Support Center:** Provides support at no cost for children, teens, young adults and their families as they learn to mourn the death or impending death of their loved one in a safe, caring and nurturing environment. Clinics are located in Plano and Frisco.

<http://johgriefsupport.org/> or **Call:** 972- 964-1600

### Online Resources:

Here for Texas: <https://www.granthalliburton.org/herefortexas>

National Child Traumatic Stress Network: <http://www.nctsn.org/>

CDC-Caring for Children in a Disaster: <https://www.cdc.gov/childrenindisasters/index.html>

A Child in Grief: <http://www.achildgrief.com/>

National Center for Victims of Crime: <http://victimsofcrime.org/>