

McKinney ISD SHAC Meeting Minutes

September 13, 2018

Attendance: Jennifer Akins, Jean Begala, Julie Blankenship, Lauren Hickman, Stephen Issa, Heather Tippett, Verlinda Turley, Briana Nistler (EVERFI), Tracey Beckett (EVERFI), Stephanie O'Dell (in for Ken Ussery), Deidre Williams

Meeting called to order at 6:36pm by Julie Blankenship

The May 10, 2018 meeting minutes were reviewed. Jennifer Akins made a motion to accept minutes and Stephen Issa seconded the motion and the minutes were accepted.

Jennifer Akins presented counseling services report. (see handouts) Substance Use Prevention Committee report. Continued working with communities and students about combating substance abuse. A parent survey from parents at Serenity allowed the committee to learn good information they will be able to use going forward. Stephen Issa spoke about the upcoming event Bedrooms, Backpacks and Beyond. Last year's event was productive, and received good feedback and are now going to present the second event on October 13, 2018. MISD's committee works alongside the Collin Co. substance abuse coalition. Criminal justice students are going to present how to search a car at the BBB event so parents can see how to search a car if they suspect their children are hiding substances.

Jennifer gave a report on the ADAP program that was piloted at McKinney North in April 2018 health class. The ADAP program takes the stigma out of depression and suicide. One thing learned is that students don't talk about other students to adults/staff and IMACT counselors are working on how to better get students to talk and open up. More training to come in Spring of 2019 and then more teachers will be ready to teach this curriculum. (see handout)

Stephanie O'Dell asked if social media contributes to the depression of the students. Jennifer replied, yes, overwhelmingly a source that contributes to their depression. Jennifer stated that there is data to support that social media allows children to connect, in a positive way also, and so that the fine line to balance both is what is difficult to manage.

Tracey Beckett, the school manager for EVERFI presented to the SHAC a program for our consideration. See www.tinyurl.com/mckinneyshac

www.everfi.com/login Username: mckinney@everfi.com Password: everfi123

EVERFI is an adjunct to a school's current curriculum on health wellness and social justice. Offering resources, there is no cost to a district. EVERFI has a 15 year history of on-line education, concentrating on whole child education. There are 8 available courses, including career education, health and wellness, alcohol prevention and education, prescription drugs, mental wellness basics.

Social emotional wellness – Compassion Project grades 2-4, character playbook grades 7-9, Honor Code: bully prevention grades 8-10, say something (violence prevention) grades 9-12 Verlinda asked why grades 5 and 6 are not listed and that is an age group she has seen were kids are being effected as well. Tracey stated that the grade use are not a hard line. They can overlap as needed.

EVERFI can partner with Canvas if that is helpful to teachers for their dashboard and keeping track of their lessons.

Jennifer asked about student privacy. Tracey stated that the only info collected and used is the birthdates.

Julie Blankenship stated we (SHAC) can take time to look at the websites and review it. We will revisit this at the October meeting and vote.

Meeting was adjourned at 7:36pm