

## McKinney ISD SHAC Meeting

May 11, 2017

Attendance: Jennifer Akins, Patricia Aranibar, Jean Begala, Julie Blankenship, Rebeka Ecker, Lauren Hickman, Stephen Issa, Madison Jackson, Karin Klemm, Megan Rasberry, Chris Schell, James Shoemake, Lynn Sperry, Deidre VeHerick

Meeting called to order at 6:42pm by Julie Blankenship.

Minutes from February 9, 2017 meeting reviewed. Megan Rasberry made a motion to approve minutes and Lynn Sperry seconded the motion. All agree and minutes approved.

Julie handed out the updated proposed wellness policy, showing how the campuses will show proof of doing the wellness plan. We will review the final copy at the September meeting.

Jennifer Akins and Stephen Issa presented a request for approval for a prevention program. See attached. Jennifer stated their sub group did a lot of research on how substance abuse is affecting our community and schools. Looked at number of days in the alternative school setting and developed a protocol on how to reduce the number of days at the alternative school. Been able to coordinate more with families and get the information out to families so they know Serenity School is available to their children if needed.

Stephen introduced Deidre VeHerick, they have been out in the community attending events where they learned more about what a parent is to look for in a child's bedroom, backpacks etc. So, for SY17-18 MISD is excited to host an event at MNHS called "Bedrooms, Backpacks and Beyond". Also, looking at creating parent information courses on Canvas that a parent can take and learn about substance abuse. The parents can take the classes anonymously and on their own time. Alternative Peer Groups have been successful in the Houston area in helping students who come out of

recovery schools, have helpful peer groups to go to, and try not to go back to the groups that may have introduced them to substance abuse. MISD is looking to create such groups in our district.

Jennifer also introduced the program Adolescents Depression Awareness Program. See attached information form.

It is a 3 lesson program to be used as an awareness tool. Can be done in High School Health classes to teach students signs that can help them see and recognize signs of depression and mood disorders. Pilot it in the spring with the one health teacher who has taken the training for this program, MNHS. Karin Klemm mentioned that kids who take health in the fall and on-line will not get this, at this time. This is something we can work towards building it up to all schools and across the fall and on-line classes and small group counseling groups as well. Lynn Sperry asked if there was something comparable for educating the staff to seeing the signs of substance abuse. Jennifer stated this is a topic that the sub group is looking at partnering with other groups so that teachers can learn about this.

Rebeka Ecker made the motion to approve the ADAP pilot program at MNHS in spring 2018 and Megan Rasberry second the motion. All approved.

Chris Schell asked if there is follow up from transition from DAEP to campus and Jennifer stated the high schools have Impact Counselors that help with that transition and follow up with student and family as well.

Meeting adjourned at 7:27pm.