

Community & Counseling Resources

The links below are provided as a resource for the families in our community. There is no intent on the part of the McKinney Independent School District or its employees to endorse specific agencies. This list is not inclusive of all available information or services. The parent is free to obtain other suggestions from any source.

Texas Dept. of Health & Human Services Referral Line: This line is available to provide referral and information on topics such as mental and physical health, employment assistance and resources for meeting basic needs. Line is available 24/7.

<http://www.211texas.org/> or **Call:** 2-1-1 or 877-541-7905

Disaster Distress Helpline: This line is accessible 24/7 to provide crisis counseling and support to people experiencing distress related to natural or human-caused disasters.

<https://www.samhsa.gov/find-help/disaster-distress-helpline> or **Call:** 800-985-5990

McKinney Youth Resource Guide: Provides information on local counseling and community resources. <https://volunteermckinney.org/youth-resource-guide/>

Non-Profit Family Counseling Resources:

Lifepath Systems: Lifepath is a community based, non-profit organization that serves as the local behavioral health authority in Collin County. Lifepath provides comprehensive mental and behavioral health care services to families. Line is available 24/7.

<http://www.lifepathsystems.org/> or **Call:** 877-422-5939

Harold Murphy Counseling Center (MISD Partnership): McKinney ISD and the Department of Counseling at Texas A&M University-Commerce partnered together to open the Harold Murphy Counseling Center (HMCC). The HMCC provides valuable counseling to MISD students Pre-K-12th grade and their family members who are referred on a sliding scale. Please see your school counselor or administrator for details.

Call: 469-302-6318

Journey of Hope Grief Support Center: Provides support at no cost for children, teens, young adults and their families as they learn to mourn the death or impending death of their loved one in a safe, caring and nurturing environment.

<http://johgriefsupport.org/> or **Call:** 972- 964-1600

Online Resources:

National Child Traumatic Stress Network: <http://www.nctsn.org/>

CDC-Caring for Children in a Disaster: <https://www.cdc.gov/childrenindisasters/index.html>

A Child in Grief: <http://www.achildingrief.com/>

National Center for Victims of Crime: <http://victimsofcrime.org/>