

7th/8th Grade Fall Health Curriculum

Dates	Subject	Activity
August	Personal Health	State adopted textbook-Glencoe Teen Health (3) Lessons 1-3 Chapter 14 Healthteacher.com- "Hygiene and Adolescence"
September	Nutrition	State adopted textbook-Glencoe Teen Health (3) Lessons 1-4 Chapter 8 HT- "Physical Activity & Food"
	Eating Disorders	State adopted textbook-Glencoe Teen Health (3) Lessons 2 Chapter 10 Healthteacher.com- "Ins & Outs of Digestion"
	Diabetes/ Arthritis	State adopted textbook-Glencoe Teen Health(3) Lesson 5 Healthteacher.com-"Reducing Health Risk"
	Heart Disease	State adopted textbook-Glencoe Teen Health (3) Lessons 4 Chapter 18 Healthteacher.com- "The Circulatory System"
October	Communication Skills/Stress	State adopted textbook-Glencoe Teen Health (3) Lessons 2-3 Chapter 2 HT- "Stress Me Out or Managing Feelings"
	Promoting Social Health	State adopted textbook-Glencoe Teen Health (3) Lessons 1 Chapter 5 HT- "Accessing Community Health Resources"
	Promoting Social Health	State adopted textbook-Glencoe Teen Health (3) Lessons 2-3 Chapter 5 Healthteacher.com-
	Conflict	State adopted textbook-Glencoe Teen Health (3) Lessons 1-2 Chapter 7 Healthteacher.com- "Avoiding Conflicts"
November	Preventing Violence & Abuse	State adopted textbook-Glencoe Teen Health (3) Lessons 3-4 Chapter 7 Healthteacher.com- "Resolving Conflicts"
	Tobacco	United Streaming Glencoe Teen Health (3) Chapter 12 Healthteacher.com- "Topic Tobacco- Middle School"

	Alcohol	United Streaming Glencoe Teen Health (3) Chapter 13 Healthteacher.com- "No Call for Alcohol"
December	OTC & Prescription Drugs	United Streaming Glencoe Teen Health (3) Chapter 11 Health Teacher "Using OTC & Prescription Medications Wisely"
	Illegal Drugs	United Streaming Glencoe Teen Health (3) Lesson 2 Chapter 11 Healthteacher.com-"Marijuana & THC"
	Illegal Drugs	Glencoe Teen Health (3) Lessons 3-4 Chapter 11 Healthteacher.com- "Inhalants: Don't Go There"

7th/8th Grade Spring Health Curriculum

Dates	Subject	Activity	
January	Adolescence & Endocrine System		State adopted textbook-Glencoe Teen Health (3) Lessons 7 Chapter 15 Healthteacher.com- "Central Nervous System"
	XY Reproductive System	7-8.2c	State adopted textbook-Glencoe Teen Health (3) Lessons 8 Chapter 15 Healthteacher.com-
	XX Reproductive System	7-8.2c	State adopted textbook-Glencoe Teen Health (3) Lessons 8 Chapter 15 Healthteacher.com-
February	Human Development	7-8.2b, c	State adopted textbook-Glencoe Teen Health (3) Lessons 3-4 Chapter 16 Healthteacher.com-
	Non-Communicable Disease	7-8.3c	Glencoe Teen Health (3) Lesson 1-2 Chapter 18 Cancer, Allergies, and Asthma HT- "Managing Asthma and Allergies"
	Non-Communicable Disease	7-8.3c	Glencoe Teen Health (3) Chapter 18 Lesson 3 Heart Disease, Diabetes, Arthritis

March	Communicable Disease	7-8.3c	Glencoe Teen Health (3) Chapter 12 Lesson 1 Causes, Immune System, and Common cold/flu
March	Communicable Disease	7-8.3c	Glencoe Teen Health (3) Chapter 12 Lesson 2-3 HIV/AIDS, STDs, Prevention HT-“Preventing STD/HIV”
March	Communicable Disease	7-8.3d	Glencoe Teen Health (3) Chapter 12 Lesson 4-5 HT- “HealthCare Products”
April	First Aid & Safety	7-8.5a, b, g	Risk Watch-SHAC approved HT-“First Aid and Safety” “Water Safety” “Safety on Motorized Vehicles”
		7-8.2a, 2e	

		7-8.5f	
		7-8.3d	
May		7-8.10.a	
		7-8.11.a	

7th/8th Grade Spring Health Curriculum

Dates	Subject	TEKS	Activity
		7-8.12.e	
		7-8.12.e	
	First Aid & Safety Cont'd.	7-8.5a, b, g	Risk Watch-SHAC approved HT-“First Aid Procedures” “Using Public Transportation Safely” “Rescue Procedures- CPR”