

6th Grade Health Curriculum

Dates	Subject	Activity
August	Physical Health	State adopted textbook-Glencoe Teen Health (2) Pg. 4- Healthteacher.com- "Hygiene and Adolescence"
September	Nutrition	Catch - State adopted coordinated health program Healthteacher.com- "Why Do We Eat What We Eat"
September	Food Labels	Food Labels- CATCH State adopted coordinated health program Healthteacher.com- "Nutrients and Food Labels"
September	Build a Meal	Build-a- Meal- CATCH State adopted coordinated health program "Putting It All Together- Planning a Healthy Menu"
October	Risk Watch Fire Safety	
October	Heart Disease	Catch - State adopted coordinated health program Healthteacher.com- "The Circulatory System"
October	Diabetes	GlencoeTeen Health(2) PG. 109,380-381
November	Nutrition and Healthy Weight	Glencoe Teen Health (2) PG. 88-111
November	Weight of the Nation	DVD-Education Edition
November	Tobacco	United Streaming Glencoe Teen Health (2) Chapter 10 Healthteacher.com- "Topic Tobacco- Middle School"
December	Alcohol	United Streaming Glencoe Teen Health (2) Chapter 11 Healthteacher.com- "No Call for Alcohol"

January	OTC & Prescription Drugs	United Streaming Glencoe Teen Health (2) Chapter 11 Health Teacher "Using OTC & Prescription Medications Wisely"
January	Illegal Drugs	United Streaming Glencoe Teen Health (2) Chapter 11 Healthteacher.com-"Marijuana & THC"
January	Coping Skills & Self control	Glencoe Teen Health (2) Chapter 8 Healthteacher.com- "Mental Health-Essential to Overall Health"

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Dates	Subject	Activity
February	Non-Communicable Disease	Glencoe Teen Health (2) Ch. 13 Lesson 1-2 Cancer, Allergies, and Asthma HT- "Managing Asthma and Allergies"
February	Non-Communicable Disease	Glencoe Teen Health (2) Chapter 13 Lesson 3-4 Heart Disease, Diabetes, Arthritis
March	Communicable Disease	Glencoe Teen Health (2) Chapter 12 Lesson 1-3 Causes, Immune System, and Common cold/flu
March	Resolving Conflicts and Preventing	Glencoe Teen Health (2) Chapter 9 Lesson 1-2 Conflict & Conflict Resolution HT-"Causes of Conflict" "Resolving Conflict"
April	Resolving Conflicts and Preventing	Chapter 9 Lesson 3-4 Preventing Violence & Dealing with Abuse HT-"Avoiding Gangs & Bullies" "Preventing Child Abuse"
April	First Aid & Safety	Risk Watch-SHAC approved HT-"First Aid and Safety" "Water Safety" "Safety on Motorized Vehicles"
May	First Aid & Safety	Risk Watch-SHAC approved HT-"First Aid Procedures" "Using Public Transportation Safely" "Rescue Procedures- CPR"

6th Grade Spring Health Curriculum

Dates	Subject	TEKS	Activity
4/20/2015			
4/27/2015		6.5g,f/6.4a	
5/4/2015		6.5g,f/6.4a	